



Shining a Light on Broadmead

Vol. 44, No. 4

Broadmead, Cockeysville, MD

December 2022

Who's behind the Reception Desk

Text and photo by Ann Hunter

"Thank you for calling Broadmead. How may I help you?" The staff who cover the reception desk do so much to help every day, in ways that may not be noticed. Besides connecting residents with the right department (usually OPD or Housekeeping) or to other residents and taking messages, they give directions to vendors and explain visitation policies. One caller, Gretchen Garman's granddaughter, inquired about the ATM machine, and, when she came to use it, was so taken with Broadmead that she persuaded her grandmother to consider living here, which Gretchen now does.

According to Katie Hartry, "Our main goal is to make residents and visitors welcome and to be helpful to the whole community." In addition to Katie, Tara Anania, Lisa Cavagna, and Ella Holbrook make up the weekday staff. Felicia Jones, Tanika Ridgeway, and Brian Allwood

are the weekend receptionists. Katie, Lisa, and Tara also alternate at the desk downstairs. Ella usually works the evening shift.

The staff seem to know most of the residents by name and welcome them whenever they enter the Center. Ella likes "to bring a smile to people's faces." There are times when being helpful includes calming or comforting people who are unhappy, agitated, or angry.

The reception team's tasks include sorting the mail and packages and, with Campus Safety, delivering packages, some of which are dropped off at the front desk instead of at garden homes. The staff continue to be responsible for visitor check-in and screening for COVID. Coordinating with Campus Safety, they call residents whose pendants are going off and check on residents whose motion

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Front desk team: Katie Hartry, Lisa Cavagna, Tara Anania, and Ella Holbrook

Banner photo by Erroll Hay

Reception Desk *(continued from page 1)*

sensors have not been activated by 10 a.m. On occasion, a call for transportation may end up with a receptionist driving a resident to an appointment.

Probably the most unusual situation the team has encountered was the York building flood last January. The reception staff were among the first responders, providing food and coffee to displaced residents who were huddled in pajamas and blankets in the reception area, and calling hotels for those whose apartments were soaked. They helped to escort people back into their apartments to salvage and pack up their belongings. Meanwhile, because of the campuswide electrical outage, there was a constant stream of phone calls coming to the front desk.

"We are the information hub," says Tara, who heads the team. "People rely on us and they trust us to give them the correct information, and if we don't know the answer, we find out in a timely manner."

BRA Bridge

Intermediate-level Contract Bridge Game

Wednesdays, 1:30 p.m., Bistro

Call Marj Espenschade,
443-578-8351
to reserve your space

Broadmead Writers Group

Fridays 3:30–5:00 p.m.
via Zoom for now

For more information, contact
Maggie Babb, maggiebabb@gmail.com

Kitchen tour is eye-opening

By MJ Schroeder

The meals served daily in the Arbor Café, the Holly Terrace, and each of the neighborhoods in the licensed care units start their journey in the kitchen behind the Arbor Café. In addition, there are all the catering events, cluster parties, and picnics that residents enjoy on campus.

The members of the BRA Food Committee took the first post-lockdown, in-person tour in October. The tours take place at 10 a.m., just as the doors close after breakfast service in the Arbor Café. Members of the crew are cleaning up from breakfast and already restocking and getting ready to reopen for lunch at 11:30. And the beginning of the dinner prep is underway as well.

The tour begins at the entrance of the loading dock. There, trucks, including 18-wheelers, back down the steep driveway four days a week, five for bakery items, and deliver all the meat, produce, beverages, and assorted supplies required to meet the needs of residents and staff. In addition, there's the complexity of meeting vegetarian, gluten-free, and medically required diets.

The kitchen houses huge refrigerators, a storage closet for canned and dry goods that rivals a small garage, and prep areas that seem a block long.

The tour also includes information about license requirements, menu planning around supply issues, required staff training, and the inspections conducted to ensure safety.

Although the kitchen tours are now fully booked through December, dates for 2023 will be posted.

Socrates Café

***"What end of life choices are there?
What is my idea of death with dignity?"***

Short video and discussion
Friday, December 16, 10:30–11:45 a.m.
Auditorium

Sponsored by the Towson Unitarian
Universalist Church

Open to all

FROM THE ARCHIVES

Residents Beat Trustees to the Punch

December 1984

When Broadmead was developed, the Trustees drew heavily upon the experience of other life-care communities. One of the circumstances noted was that these communities, because of inflation and other, less obvious circumstances, had occasions when some residents were in need of financial assistance.

The Trustees planned, when Broadmead was firmly established, to institute some type of financial assistance program to help those Residents who might be in need. It was their aim to create a fund based on voluntary contributions.

But the Residents started first! Early in 1981, a group of Residents began work on the development of an assistance program now known as BRAF (Broadmead Residents Assistance Fund). Their thinking at the time also included consideration of an endowment fund to benefit Broadmead. As two funds at the same time seemed to be too great an effort for the Residents, the Trustees agreed to work on an endowment fund and the Residents would concentrate on BRAF.

BRAF's formal existence dates from September 1981. From the beginning it has been stipulated that there shall be no solicitation of contributions from the Residents and that all contributions shall be voluntary. This does not preclude an occasional hint that gifts to BRAF are always welcome and a reminder that the time will surely come when some Resident(s) will be in need of help.

Broadmead Residents Assistance Fund

By Bill Breakey, Chair, BRAF Council

The Broadmead Residents Assistance Fund (BRAF) was established in 1981 to provide financial assistance to any Broadmead resident whose financial assets were becoming depleted to the point that they were going to have difficulty meeting all their obligations. Over the years, the BRAF has been added to with donations and bequests, well invested, so that significant funds are available to meet the fund's purposes.

The BRAF is managed by the BRAF Council, in coordination with the Board of Trustees and Broadmead Administration. The council is made up of trustees, senior administrators, and residents. It meets as needed.

On June 30, 2022, the BRAF Fund balance was \$9,840,041. During FY 2022, \$223,691 was provided in assistance to residents.

BRAF funds can be used for a variety of purposes. There may be an ongoing need, such as assisting with monthly fees, or the assistance may be for a one-time expenditure, such as purchasing medical equipment, walking aids, etc.

Applications to BRAF for assistance are made through Jennifer Schilpp, Broadmead's Chief Financial Officer; they are reviewed by Broadmead's Chief Executive Officer, Robin Somers, and then referred to the BRAF Council for a decision. The applications are reviewed by the council anonymously. That is, council members are aware of the need that has led to the application, but are not aware of the identity of the applicant.

Broadmead residents who are worried that their financial reserves are in danger of running low should contact Jennifer Schilpp (ext. 8063). Do not wait until you are feeling desperate. If you are worried about your future financial security, Jennifer will be happy to review your situation and to advise you as to when would be the right time to ask for BRAF support.

You may also apply directly. For more details, see the BRAF Information Request form available from Jennifer's office; it can also be downloaded from Caremerge.

Dave Sutton: From duty man to Capital Projects Manager

By Alice Cherbonnier

Dave Sutton was hired by Broadmead as a duty man—an all-purpose maintenance position—a dozen years ago. Before that, he had been a house painter, but the financial downturn starting in 2008 put an end to that. He learned the ropes of the campus and steadily advanced in responsibility. Now, he's moved into a new position: Capital Projects Manager. "I'm not a 'director' of anything," he says. "I'm managing projects that come along, not looking for them."

"My tasks are now more community-focused—grounds, Community Center, not so much individual homes," he says. He enjoys the variety of work: "I like being involved, engaged, and challenged. I love coming to campus every day." In addition to being involved in the final construction phase of the care wings of the Center, Dave will be managing the replacement of a portion of the Center roof this spring and overseeing the refurbishment of the "green roof" above the Holly Terrace.

During his time at Broadmead, Dave has seen steady improvement in safety and upkeep practices. "Preventive maintenance is much more robust now," he notes. "We do complete garden home refurbishments, with everything new on all six sides," he added. Dave has been involved in 125 such down-to-the-studs rebuilds. "We also have better safety in homes," he says, "with pull cords and motion sensors." He recalls when a less reliable "buddy system" was used by cluster neighbors.

What one thing would Dave like to tell Broadmead's residents about maintenance? "I'd remind them that hardly anything is flushable," he says. "What comes out of you, and what's on the roll beside you, are all that should be flushed down the toilet. It doesn't matter if a product says it's flushable. It's not."

Dave grew up in nearby Jacksonville and now lives in Owings Mills with his wife, the former



Dave Sutton

Julie Heffner, who was Broadmead's Director of Social Work and is now a bereavement counselor for LifeBridge Health. Dave has a 15-year-old daughter from a previous marriage.

Dave and Julie married in 2018, the same year that ground was broken for the Hillside Homes. "It seems longer than four years ago—pre-Covid, pre-construction," says Dave with a laugh. The couple live in a condo, which Dave appreciates for its no-maintenance lifestyle when he comes home from work.

Note: For general repairs, residents should call the Maintenance Office: 443-578-8022.

Tech Tip

By Don Killgallon

You can use Siri on Apple devices to dictate texts or emails. Unlike most of us, Siri rarely makes mistakes. Just say, "Siri, text (or email) so and so," and dictate the message. Siri will repeat it to make sure it's okay. It's almost always okay.



In Memoriam

Betty Lou Anderson

September 4, 1938 – October 25, 2022

Dorothy "Dot" Gustafson

May 14, 1928 – November 14, 2022

Joyce Griffith

September 21, 1928 – November 24, 2022

New Arts Council purchase hung near Holly Terrace

By Harriet Goldman, photo by Jackie Mintz

Across from the Holly Terrace check-in desk hangs a newly acquired painting, "The Last Train," by a local artist, Jack Robbins.

Jack is the son of the late John Robbins, a former resident at Broadmead. His work, recently featured in an exhibit at the Manor Mill Gallery in Monkton, is reminiscent of the style of Edward Hopper. Both are storytellers, painting scenes of unpeopled landscapes and inauspicious buildings frozen in time. In "The Last Train," Robbins paints the scene from an unusual angle of vision. What is the point of view? Is the train arriving or leaving? The perspective is ambiguous, as is the mysterious glow from the upper window of the house. As one views this painting, one asks, "Are we alone in our solitude?"



Take a closer look at this surprisingly dramatic and emotive painting. It is the first purchase made from the Broadmead Art Fund by the Broadmead Arts Council. The mission of the council is to enrich the aesthetic experiences of residents through art exhibitions and acquisitions of exceptional art.

Moving Around Broadmead

	<i>From</i>	<i>To</i>
Lucy Melvin	D-12	HH-218



The dark-eyed junco

By Debbie Terry, photo by Jim Stasz

The dark-eyed junco is one of the commonest birds in North America. This very sharply dressed gray and white sparrow with a pale pink bill appears at Broadmead around the end of October. It winters here until mid-March, when it returns to breed in the northern United States or in higher elevations such as Garrett County in Maryland. Like other sparrows, dark-eyed juncos like to hop on the ground, scratching and pecking, looking for seeds in the leaf litter or under bird feeders. If you prefer seeing fewer sparrows around your bird feeders, including dark-eyed juncos, purchase seed that does not contain millet or cracked corn, their seed of choice.

Health Care Lecture

"Hearing Loss and Healthy Aging"

Carrie Nieman, MD, MPH

Associate Professor

Johns Hopkins School of Medicine

Wednesday, December 14, 3:30–4:30 p.m.

Zoom presentation

Amera Bilal appointed Vice President for DEI

Text and photo by Jackie Mintz

Amera Bilal, Broadmead's new Vice President for Diversity, Equity, and Inclusion, comes from the Maryland Department of Aging (MDoA) with 11 years of experience, many of them focusing on CCRCs.



Amera Bilal

In her post at MDoA, Amera reviewed CCRC compliance with agency regulations. In fact, she reviewed Broadmead's proposal for the new Hillside Homes. These compliance reviews generally involve scrutinizing an organization's marketing plans, its business structure, and its financial soundness. Having conducted dozens of these reviews, Amera is a fount of knowledge about both Broadmead and its competitors.

Prior to her compliance position, Amera worked in a program retraining seniors for employment. In that and other jobs, Amera found that her ability to find consensus was one of her most useful traits and the one she is proudest of.

Amera will be focusing on external outreach to potential residents. She will work closely with Marketing Vice President Kristy Krueger and the Marketing team to develop networks of prospective residents. She expects to build partnerships with organizations whose memberships are diverse.

One area to which Amera expects to devote substantial attention will be educating prospective residents about what it means to move to a CCRC. She had recent personal experience in this, talking with her mother about the benefits and drawbacks of moving to a CCRC.

Born in New York City, Amera was raised in Prince George's County. She has a bachelor's degree with a major in history and government and a master's degree in human resource

development, both from Bowie State University. She is a certified training and development professional and a certified DEI practitioner.

Amera has a daughter and a grandson. She currently splits her time between Washington, DC and Baltimore.

Michelle Tomlin is new project manager for garden homes

By Pat van den Beemt, photo by Kathleen Truelove

Michelle Tomlin is Broadmead's new project manager, but she certainly isn't new to Broadmead. She spent the last 13 years working for Douron, a commercial furniture company in Owings Mills. For the past five years, she worked with George Pattee and Dave Sutton to provide furniture for the Holly Terrace and for common areas and individual rooms in the licensed living areas.

Michelle said Dave Sutton had told her, about six months ago, that his position would be opening up and that she should consider applying. Dave has since become Capital Projects Manager, and Michelle followed his advice.



Michelle Tomlin

"I couldn't have been more excited when I got the job," she said. "I'm enjoying the shift from a corporate culture to the community spirit here. Here, we're all in it together."

As project manager, Michelle is responsible for refurbishing garden homes. That includes everything from adding a patio, to a complete renovation with a four seasons room extension. She helps new residents pick out their layout, floors, counters, and appliances and then works with Wohlsen Construction, which does the actual work.

Recently, Michelle helped newcomers Roger and Linda Michel move into H-11. "Michelle

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Michelle Tomlin *(continued from page 6)*

couldn't have been better," Roger said. "She is cheerful and creative and was always here to check on things." The Michels had a problem when they discovered one of their dogs could open the front door. Michelle found a childproof lock that allows people, but not the dog, to open the door.

"Michelle is doing a great job," Dave Sutton said. "She is super detail-oriented and has great customer service."

Michelle lives in Hampstead with Scott, her husband; Zena, a dog; and two cats, Bean and Oskar.

Model Train and Railroading Group prepares holiday layout

Text and photos by Kathleen Truelove



From left, Ted Rugemer, Bob Morris, Fred Terry, Bill Hakkarinen, Eric van den Beemt, and Victor Mullan with first model train layout.

This year, the holiday season at Broadmead will include a model train layout on the lower level of the Community Center. It will be up from November 22 until New Year's Day. The layout is assembled on a 4-foot by 8-foot table built by Bob Morris. Trains have been contributed by Barry French (S gauge American Flyer), Ted Rugemer (027 gauge Marx) and a "Z" gauge train from Fred Terry. In addition, Jerry Winkelstein has donated HO gauge trains.

The display will be in operation from 4 to 6 p.m. daily. If the "train garden" is well received,



Note realistic detail located on parking lot.



Fred Terry made the movable acrylic cover for the layout.

the complexity of the display will be increased each year. The group hopes one day to have a permanent location so a true model layout can be developed.

In addition to Bob, Barry, Ted, and Fred, the group currently includes residents Bill Hakkarinen, Nancy Moore, Barrett Rudd, Richard Hunter, Roger Karsk, Eric van den Beemt, Steven Scheinin, and Mary Ellen McMillin.

Since railroading is also a focus of interest, the group intends to bring in outside speakers on topics such as timetables, the Ma and Pa Railroad, the North Central Railroad, and more. Baltimore is the cradle of railroading, as the Library of Congress notes: "On February 28, 1827, the Baltimore & Ohio Railroad became the first U.S. railway chartered for commercial transport of passengers and freight." With the B&O Museum nearby, there is no shortage of railroading lore for the group to study.

The group meets monthly on the fourth Wednesday of the month, at 10 a.m., in the Fireplace Room. New members are welcome.

Broadmead appoints first Vice President for Sustainability

Text and photo by Jackie Mintz

The position of Vice President for Sustainability was created by the Board of Trustees to enable Broadmead to further implement its sustainability initiatives. Having adopted a sustainability policy in 2015 and commissioned an assessment report



Gina Mathias

by an outside consultant in 2016, the Board concluded in early 2022 that the programs and goals set forth in that report were not being advanced at a satisfactory pace and that to move the programs forward, there needed to be one person focusing exclusively on environmental issues, a person “who would wake up every day with those goals uppermost on his/her mind.” Furthermore, the position needed to be at the level of a vice president to enable that person to have direct access to the Board and also to interact with all departments at Broadmead.

The newly appointed Vice President for Sustainability, Gina Mathias, brings to the job a wealth of relevant experience. She comes to Broadmead from the City of Takoma Park, where she served as its sustainability manager. During her eight years there, she led the development and implementation of sustainability and climate resiliency plans. While she was on staff, the city adopted a goal of net zero emissions by 2035. Programs that Gina was instrumental in developing included actions such as banning food service facilities from using polystyrene-composed packaging or food service ware when providing prepared food for onsite or takeaway consumption and banning pesticides for cosmetic lawn care. She also led the city’s campaign for energy efficiency, reducing energy use through weatherization and energy-efficient appliances,

and replacing fossil fuel-based systems with highly efficient electricity-based systems.

Gina’s first goal at Broadmead is to review by year’s end the objectives and programs set out in the 2016 sustainability report to determine what is still relevant and what should be replaced. Gina was attracted by Broadmead’s vision and goals, and she was impressed by the steps it is taking to achieve its goals.

Gina has a BS from Ohio State University, with a major in environmental education and communication, and an MBA in sustainable business. Her professional experience includes serving as president of the Board of Directors of Eco Women and chair of the Advisory Committee on Built Environment and Energy of the Metropolitan Washington Council of Governments. Gina lives in Silver Spring with her husband and two children.

Bella—playful and a flirt

Text and photo by Jackie Mintz

When Ethel Landis’s cat, Stella, died three years ago, Ethel decided she didn’t want another cat. She and Stella had been very close, and she didn’t think Stella could be replaced. But six months later, the wish to have a cat was back, so she went to the SPCA and found Bella.

Bella loves her perch in the sunroom, from which she can watch and talk to the critters outside. When she’s not on the perch, she sits on Ethel’s lap. She knows when Ethel is going to go out and waits by the door until she does. When Ethel returns, Bella is usually waiting there.



Bella also likes to play hide and seek. She conceals herself under the bedspread or behind furniture and springs out when Ethel walks by. But one thing Bella does not like is being picked up. A year later, she now tolerates it from Ethel, but not from anyone else. She is also, in Ethel’s words, a bit of a hussy. She prefers men and will lie belly up for them to scratch her stomach.

Broadmead Welcomes

Roger Michel, H-11, 410-241-1729
rogerlmichel@gmail.com, October 2022



Don't be surprised if you hear music as you walk past H-11. That would be Roger Michel strumming his guitar. He's always had an interest in music, so much so that he brought his guitar on his first date with his wife, Linda.

Roger was born in Baltimore and attended the University of Maryland and Johns Hopkins University. He worked for a credit card company for a year and then joined his father's business, Camp Manufacturing, a school supply company. Roger was in sales, covering the Eastern seaboard, and developed a line of products for the growing college market. He eventually became sales manager, general manager, and finally president. The company was sold to Textron, but in 1981 Roger bought the company back. He closed the business seven years later and started a new career with Legg Mason as a financial advisor in retail sales. He held that job for the next 22 years and retired 12 years ago.

After a divorce, Roger married Linda, whom he had met when they were children. The couple lived on a farm on Greenspring Avenue, where they built two additions to the farmhouse and planted extensive gardens.

In retirement, the former skier and sailor enjoys playing music, hiking with his dogs, reading, and riding his horse at Greenspring Valley Hunt Club. He used to volunteer for Pets on Wheels and would love to take his golden retrievers to visit Broadmead residents in the assisted living neighborhoods.

Roger has two sons: Keith lives in Owings Mills and has two children; Roger lives in Cambridge, MA, and Oxford, England, and has a daughter.

Text and photo by Pat van den Beemt

Linda Michel, H-11, 410-215-9626
lindabmichel@comcast.net, October 2022



Anyone who knows Linda Michel would not be surprised to learn that she and her husband, Roger, moved into Broadmead with three dogs. For years, Linda raised alpacas, sheep, and goats, some of which she bottle-fed. While living on farms in Monkton and on Greenspring

Avenue, she also learned how to weave, using wool from her own sheep. She spun and dyed the wool and brought numerous skeins of homegrown wool with her to Broadmead.

About 20 years ago, Linda turned to another creative pastime. She began a jewelry design business called Shepherdess Designs. Each design is original and hand-crafted with semi-precious stones. She had a jewelry studio at her farm and brought materials with her to Broadmead in case she wants to continue that craft.

Linda Becker was born in Baltimore and went to Forest Park High School. She attended McCoy College (Johns Hopkins night school) and dental school. She then worked for a dentist before marrying and having two children. She was divorced in 1983.

Linda worked as a manager and head of counseling at Planned Parenthood in Baltimore for nine years. She was also a production assistant with Maryland Public Television. She and Roger Michel married in 1995.

Linda's daughter, Shawn McKenzie, is married with two children and lives in Baltimore. Her son, Josh Dorman, is an artist who teaches art in New York and has two children.

Linda is an avid gardener. She and Roger have had major landscaping done at their garden home. They have also installed a doggie door for their golden retrievers, Teddy and Bear, and their rescue dog, Sparky. Their yard is now enclosed with an electric fence.

Text and photo by Pat van den Beemt

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Broadmead Welcomes *(continued)*

Henry Aguirre, Jr., R-19, 443-578-8403
henryaguirrejr14@gmail.com, October 2022



Many residents are attracted to the Broadmead campus by the beautiful mature trees and lush gardens, but Henry Aguirre was even more enticed by the opportunities for bird watching. He learned about Broadmead from residents Karen and Norman Meadows, fellow board members

of the Chesapeake Audubon Society. He also holds a lifetime membership in the Sierra Club and volunteers at the Glenn L. Martin Aviation Museum in Essex, MD.

Henry was one of five children born and raised in El Paso. "I'm the outlier who lives on the East Coast," he says. After high school, Henry joined the U.S. Army and was stationed at Fort Meade in Maryland—a state he finds "very beautiful, with so much variety."

While later working at the Johns Hopkins Applied Physics Laboratory, he earned bachelor's and master's degrees in engineering physics from what is now Loyola University Maryland. "I liked everything about working in engineering," he says. "You have to like it, because often you're working on unrealistic schedules with unreasonable goals." He held positions in five engineering specialties: electrical, mechanical, components, nuclear, and reliability. "I started at Westinghouse and worked for many other companies until the age of 74," he says. "I went where the jobs were."

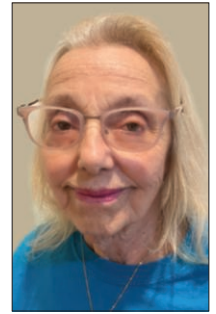
Henry met his wife, high school language teacher Judith Zimmerman, through a friend. Judith died of breast cancer in 1995. Henry's stepson, Nathan, followed Henry's footsteps in engineering and works for the U.S. Patent and Trademark Office.

Henry is now busy readying for sale his five-bedroom White Marsh house, where he lived for 43 years. After that, he expects to have much more time to enjoy his favorite activities, as well as new ones, on Broadmead's campus.

Text and photo by Alice Cherbonnier

Dorian Borsella, R-6, 443-470-2035
dorian93@gmail.com, September 2022

Dorian Borsella is a person of multiple interests, not the least of which is her fascination with London and its history. Beginning in the 1960s, she made nearly annual trips to that city to explore the mystery of Jack the Ripper and to see as many plays as possible.



Later she became enchanted with London's old churches, and her interest in the poet T. S. Eliot led her to enroll in two summer workshops at the University of London.

Growing up in the Waverly section of Baltimore, Dorian moved as a teenager to Sudbrook Park. A graduate of Milford Mill High School, she attended Towson State College. She received an MLA from Johns Hopkins University and also an MSW from the University of Pennsylvania.

Her career included a variety of positions in the Baltimore City Department of Social Services. Her favorite post was the eight years she spent at the old Baltimore City Hospitals as a liaison worker for foster children who used that hospital. Later, she helped train prospective foster parents and supervised social workers who developed new foster homes.

In the 1980s, Dorian took courses in linguistic philosophy at Johns Hopkins. She has been active in the Renaissance Institute at Notre Dame University of Maryland, both as a student and a teacher.

Dorian was also an avid tennis player and seldom missed attending the U.S. Open. She loves books, opera, and playing Scrabble and Sudoku.

After living for 20 years in Roland Park, Dorian moved to Fallston in 2005 to share the home of a friend and co-worker. Following the death of her friend, she finds herself very lucky to be at Broadmead.

Text and photo by Willy Sydnor

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Broadmead Welcomes *(continued)*

Heningham ("Hen") Kennedy,
C-14, 443-578-8377
kennedyhen@gmail.com, July 2022

Growing up the eldest of six athletic, gregarious brothers and sisters in the Riderwood neighborhood of Towson, Hen George enjoyed the outdoors with family and friends. She skied, skated, played tennis, and loved hiking in the White Mountains of New Hampshire. Outdoors, she also enjoyed flowers, trees and dogs. Books, school, music, and art were her indoor pleasures.



After graduation from Garrison Forest School, Harvard, and Goucher College (MEd), Hen worked as a paralegal with a law firm. She then moved to Washington, DC, and remained there for 36 years. While working for a U.S. Congressman for three years, she married Davis Lee Kennedy, part owner of the Alexandria Port Packet, a Virginia-based community newspaper. Throughout this period, Hen did fundraising for historic properties and for several schools.

In 1979, the Kennedys bought the Gaithersburg Gazette community newspaper and moved to Montgomery County. Davis was the owner and editor. As vice president, Hen did the taxes, payroll, and public relations and worked with staff at the printing plant. That newspaper grew to 14 papers all over Montgomery County, including Rockville, Potomac, Darnestown and Bethesda.

Hen speaks fluent French and has traveled extensively in Europe, North and South America, China, India, and the National Parks.

She lived in the Greenspring Station area for 18 years before moving to Broadmead. "As soon as I drove in, I felt wonderful," she said. "The outdoor beauty here is amazing. And living by the Quaker tenets resonates deeply in me."

Hen has two sons and a daughter, and there are seven grandchildren under the age of 10.

BROADMEAD MOVIES

Saturdays, 7 p.m., Auditorium

Dec. 3: The Big Chill

After years apart, a group of idealistic former college buddies (William Hurt, Kevin Kline, Glenn Close, JoBeth Williams, Mary Kay Place, Tom Berenger and Jeff Goldblum) reunite at the funeral of one of their own.

1983 Drama R 1 hr 46 min

Dec. 10: The Third Man

Holly Martins, a pulp novelist, arrives in Vienna to see his friend Harry Lime and is told he has been killed. Martins starts investigating the murder in seedy, postwar Vienna. With Joseph Cotton, Orson Welles, Alida Valli.

1949 Thriller NR 1 hr 44 min

Dec. 17: A Christmas Story

In 1940s Indiana, 9-year-old Ralphie Parker desperately wants a "Red Ryder carbine-action, 200-shot Range Model air rifle." But first he'll have to convince his parents the toy is safe.

1983 Comedy PG 1 hr 33 min

Dec. 24 and Dec. 31: No movie



Herb Goldman has penguin friends

By Sidney Levy

A Men's Social was held in the auditorium on October 29. The featured speaker was Herb Goldman, who talked about growing up in Baltimore, including his appearance on television at age 14 on the local Buddy Dean Show and his work as a lawyer with the firm of Gordon Feinblatt, for which he still does work.

Herb had a strong interest in penguins and visited the Maryland Zoo in Baltimore several times to observe them. Wanting to learn more about them, he applied to the Zoo in 2014 to enter a training program there that would allow him to work inside the penguin exhibit. One year later, he was ready to mingle with the penguins as a narrator, speaking to people who stopped by to look at the fascinating birds.

Herb said that the penguins at the Zoo are African penguins, which can withstand higher temperatures than some other penguin species. The birds do not pay much attention to him, but occasionally they peck at the back of his legs. This did not bother him, but when he and his wife, Harriet, decided to come to Broadmead, he had to take a physical and was questioned about the numerous black and blue marks on the back of his legs.

Herb is currently on the Board of Trustees at the Zoo and remains active at the penguin exhibit, which now includes a few pelicans.

Let's Sing *Christmas Songs*

With Jonathan Jensen, piano

Monday, December 19, 7 p.m.
Auditorium

Everyone is invited

Men's Social goes all electric

By Sidney Levy

Eric van den Beemt made a presentation at last month's Men's Social titled "Electric Vehicles: Past, Present, and Future." Eric detailed the evolution of the electric car, from the first one made by Scotsman Robert Anderson in 1832 through the first production electric car made by General Motors in 1996, in response to the State of California's Clean Air Mandate.

Eric is a "car guy," having had a muscle car in 1968, followed by a Jaguar and several Jeeps. He became interested in classic cars after a visit to the Classic Car Show held in Hershey, PA, and bought a 1941 Cadillac convertible and a 1932 Lincoln Sport, both of which he restored. His current ride is a Tesla that he bought seven years ago.

Eric said that electric vehicles make up 11% of new vehicles sold globally, and about half a million have been sold in the United States.

Broadmead now has charging stations at the York and Upland Buildings parking lot, the Community Center, and on the east side of Copper Beech Lane. Eric said he expects Broadmead to increase the number and locations of charging stations as more residents bring EVs onsite.

He advises owners of electric vehicles to charge them to 80% of capacity because repeatedly charging to 100% will prematurely degrade the battery.

Broadmead Resident Email Lists

To join the Broadmead resident email list:

Send an email to:
brabroadmead@gmail.com

To join the BRA Business email list:

Send an email to:
joen1234@comcast.net

(Do this also if you change your email address)

HOLIDAY CELEBRATIONS

Celebrating Kwanzaa at Broadmead

By Gwen Marable

A Kwanzaa program will be presented by the Multicultural Committee on Wednesday, December 28, at 3 p.m. in the auditorium. After an explanation of the symbols and the lighting of the seven Kwanzaa candles, there will be storytelling, African drumming, and dancing.

Kwanzaa, an African American ritual, was created by Dr. Maulana Karenga, a professor of Africana Studies at California State University, as a way of bringing the African American community in Los Angeles together after the Watts riots in 1966. Based on African harvest festivals, Kwanzaa is celebrated by families and communities with activities that include service projects, the making of gifts, storytelling, poetry, dance, music, and the preparation of traditional food.

Beginning December 26, the first day of Kwanzaa, a candle is lit each day through January 1 to celebrate one of the seven principles. Kwanzaa is a cultural celebration rather than a religious holiday. All are invited to share Kwanzaa, an African American tradition.

Chanukah Party on December 20

by Nadine Wobus

Do you like glowing candles, a heroic story, singing, dancing, games, and sweet treats? Then you should come to the Chanukah Party, to be held in the auditorium on Tuesday, December 20, from 7 to 9 p.m. We will start the festivities with the tradition of lighting the menorah—only three candles that night. Then we will sing some Chanukah songs and hear the story of the brave Maccabees and the miracle of a small amount of oil burning for not one, but eight nights. We will spin some dreidels and dance to live music provided by

Judy Stamberg and Nadine Wobus. Of course, no Jewish celebration is complete without food, and since it's Chanukah, we will have jelly doughnuts. For more information, call Joanne Goldsmith, 443-578-8396.

Holiday concert and reception

By Bobbie Cook, Hospitality Chair Coordinator

On December 16 at 3:30 p.m., the Broadmead Chorus will present its annual Holiday Concert. Kathie Metz, chorus director, will lead about 30 voices in an array of music to celebrate the winter holidays. All residents are invited to come to the auditorium from 3:30 to 5:00 p.m. for this joyous holiday event.

This year, the Hospitality Committee has teamed up with the Broadmead Chorus to celebrate the holiday season with socializing and seasonal treats. As a way to build community, to have a little fun, and to bring back memories of baking cookies, each hospitality chair will design a way to have their cluster residents produce cookies that can be enjoyed by concertgoers.

Music Committee

Holiday Concert

Semiquavers a capella group

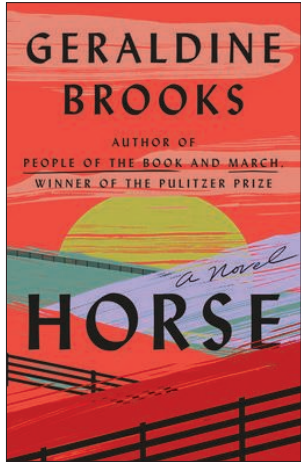
Roland Park Country School

Tuesday, December 6, 1:15 p.m.

Auditorium, with a reception following

Residents are reading . . .

In her recent novel, *Horse*, Geraldine Brooks creates a character from the figure of a groom in a painting of a race horse. The only recorded



clue to this Black groom's existence is his name, Warfield's Jarret, indicating his enslavement. The novel connects three periods of American history, including a 2019 scientific investigation of the Smithsonian's skeleton of the famous horse, Lexington.

The first chapter introduces the leading figures of the mid-1850s horse racing world. An itinerant painter produces the first painting of a mare and foal with Jarrett. The narrative moves back and forth between the mid-1950s, the Manhattan modern art world, and a Nigerian American art history student who rescues a discarded painting of a horse and turns to an Australian researcher at the Smithsonian to discover the painting's history.

Brooks offers an insightful examination into aspects of racism throughout American history.

—Elsa Collins

Open Forum

“Guns and Violence in Baltimore”

The Hon. Sylvester B. Cox
Associate Judge
Circuit Court for Baltimore City

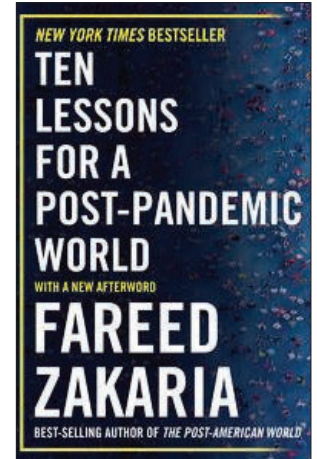
Thursday, January 12, 7 p.m.
Auditorium

Ten Lessons for a Post-Pandemic World by Fareed Zakaria is a book worth reading. Don't let the fact that the author is a prominent public intellectual scare you

away from this book if you're interested in his timely topics. They are written in accessible and jargon-free English. Zakaria also bears the distinction of having correctly predicted a viral pandemic on CNN back in 2017.

Although a “walking encyclopedia” (who, at the head of his 60 pages of footnotes, generously acknowledges having had indispensable research assistance for the book), Zakaria does not flaunt his knowledge and status. Like any serious reader, this reviewer doesn't take every sentence in this book for gospel but intends to re-read the salient parts at apposite intervals, checking whether or not the socio-economic life of the United States and the world is going in the directions Zakaria predicts it likely will.

—Robert B. Youngblood



New Arrivals

Jim Bierer

November 10, G-9
443-578-8239

Quaker Meeting at Broadmead

Sundays, 10:30–11:15 a.m.
Fireplace Room

All residents are invited
Masks optional

Becoming a welcoming community for LGBT Elders

By Susan Saunders

Many people at Broadmead have friends and family who are lesbian, gay, bisexual, or transgender. Residents want to feel confident and enthusiastic about inviting them to live at Broadmead.

To provide more information, Kate Bishop and Monte Ephraim, educators from the Center for LGBT Health Equity at Chase Brexton Health Care, led a discussion with 30 residents on October 25. The program was sponsored by the Multicultural Committee and the Office of Diversity, Equity and Inclusion. The presentation was recorded and can be seen on Caremerge.

The speakers addressed the unique challenges faced by LGBT Elders and the cultural values held by LGBT people who came of age in the mid-twentieth century compared to those who are younger. Several residents discussed experiences with coming-out stories from loved ones. The presentation also included an explanation of less familiar self-identifying terms such as “queer,” “nonbinary,” and “intersex.”

The Chase Brexton program is seen as the beginning of a series of Broadmead programs on these topics. For more information, contact Susan Saunders at susansaundersaji@comcast.net.

Over the past year, Broadmead staff members completed the Services and Advocacy for LGBT Elders training program and are certified to care for this population.

Vespers

Visiting clergy and musicians will
lead an afternoon prayer

All are welcome

Sunday, December 18, 4 p.m.
Auditorium



The steps up the steep east side of the Ridge Trail have been replaced, and some new ones have been added. Photo by Roger Karsk.



Looking up the trail. Photo by Kathleen Truelove.



Looking down the trail. Photo by Kathleen Truelove.

Great Decisions

Barry Rascovar, Moderator

Thursdays, 3:30–5 p.m.
Auditorium

January 26	Energy Geopolitics
February 2	War Crimes
February 9	China and the US
February 16	Economic Warfare
February 23	Politics in Latin America
March 2	Global Famine
March 9	Iran at a Crossroads
March 16	Climate Migration

Briefing Books can be ordered.
Make out a check for \$35 to
“Broadmead Residents Association,”
with a notation “Briefing Book.”
Send checks to Michael Yaggy, G-3.



Home of John and Jane Mays, M-4

Voice of the Residents

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *The Voice* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Wednesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Kathleen Truelove, by email: kathleentruelove1@gmail.com. Only electronic files are accepted. All copy is subject to editing, including for length. The deadline for writers is the 15th of the month prior to the issue in which an article is to appear. Publicity for upcoming events is preferred to recaps of events already held.